

# The Glen at Hiland Meadows McEchron Dining Room

## Starter Options

Tomato Soup • Salad Bar • Choice of Roll

## Featured Entrées

### Sweet-Hot Barbecue Ribs

Sweet and spicy barbecue spare ribs, baked until tender

### Three Cheese Macaroni

Macaroni made with a rich and creamy three cheese sauce

## Traditional Selections *Always Available*

### The Glen Sandwich

*Thin sliced fresh roasted turkey breast, choice of bread with lettuce, tomato, cranberry orange mayonnaise*

### Fish and Chips Plate

*Fresh fish filet fried golden brown, French fries, coleslaw and your choice of tartar or cocktail sauce*

### Quiche Du Jour

*House made daily with the freshest seasonal ingredients*

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See back of Menu for Accompaniments, Beverages, and Desserts.

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## Accompaniments

Mashed Potatoes

Sweet Potato Fries

Green Beans Almandine

Roasted Brussel Sprouts

Fresh Steamed Carrots

*Seasonal Vegetable of the Day*

## Signature Desserts

Frosted Lemon Cake

Assorted Ice Creams, Sorbet, & Frozen Yogurt

Fresh Fruit, & Fresh Baked Cookies

*Ask for our selection of Sugar-free Desserts,*

## Beverages

Coffee & Hot or Iced Tea • Cranberry, Orange, Apple, Tomato & V8 Juice, Milk

Pepsi, Diet Pepsi, Ginger Ale, Sierra Mist, & Pink Lemonade

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Additional nutritional information available upon request.