## 

## Bal Arneson

## Please join us for a Celebrity Chef Event!

## Glen Eddy September 4th

Cooking demo 10:30 followed by lunch in Van Curler Dining Room Bal Arneson, a native of Punjab, India, is a bestselling author, teacher and advocate of simple and healthy Indian-inspired cooking. In July of 2010, her cooking series Spice Goddess premiered on the Cooking Channel, and she has published two bestselling cookbooks, Everyday Indian and Bal's Quick and Healthy Indian.